

Welcome!

WELCOME

ASPEN is excited to be launching Member Connect, a new online community *exclusively* for members. This is YOUR space to connect with other members in the field. Here are just some of the features you will see:

- *Discussion Forums* – Connect 24/7 to pose a question, provide input on posts, and more!
- *Share an Article* – Import an article to share with others. Depending on the source, members can comment inline, allowing for more meaningful discussions.
- *Share a Video or Document* – Import additional resources your peers may find useful.
- *Find other Members* – Message members directly from Member Connect. Soon, video chats will be added!
- *Receive notifications* – Set up a schedule of notifications that works for you!

Whether posing a discussion topic or an article that will interest others, Member Connect is sure to become a vital tool for you!

LOG IN

To log in, visit ASPEN’s website, nutritioncare.org, and select “Member Connect” in the top right navigation menu. If you are currently logged in to ASPEN’s site, it will take you straight to Member Connect. If you are not logged in, it will take you to a login page first. If you need to reset your password, simply select the “Forgot Password” link. If you need assistance, email ASPEN.

OVERVIEW

The screenshot shows the ASPEN Member Connect dashboard. At the top, there is a navigation bar with the ASPEN logo, "Member Connect", and links for "My Dashboard", "Groups", "People", "Post", and "Events". On the right side of the navigation bar are icons for notifications, messages, search, and a "Create +" button. Below the navigation bar is a large purple header with the text "My Dashboard". The main content area is divided into several sections: a "Click here to post a discussion..." input field, a "Posts" section showing a welcome message from Mark Klang and a post by Leona Oke about "Long Term Care: Malnutrition in Older Adults With COVID-19", a "Happening now!" section, an "Announcements" section with a welcome message and guidelines, and a "Things To Do" section with a "WONDERING WHAT TO DO NEXT?" prompt.

The main navigation is at the top of your screen. The areas are described below. To view a video tour of “My Dashboard,” click [here](#).

Groups

Each ASPEN Section and committee will have its own “group” as its own area for discussions and posts. There is a group for all members (Member Forum), reminiscent of the former ASPEN Net.

Currently, all members see all Sections. Now’s the time to learn more about each Section. At the end of April, Sections will be open to Section members only. Section membership is complimentary; simply update your ASPEN member profile to change your Section memberships and join the Sections you are interested in. Here is a quick [video](#) to show you how.

Each ASPEN committee also has its own area. If you are interested in volunteering for ASPEN, learn more [here](#).

My Dashboard

Member Connect’s My Dashboard is “home.” Here you will see a feed of activity for all the groups you are involved in. You will also see “Announcements” and “Things to Do” on the right-hand side.

Each Group has its own dashboard. This allows you to see the activity feed for that group only if you prefer.

Posts

This is a feed of all posts in your activity. Here, you can search posts, create a post, or comment on posts.

People

This serves as a directory of members. You can connect with other members here.

Events

Click events to find a list of upcoming ASPEN events.

Questions & Next Steps

Learn more about Member Connect’s functionality by visiting (ASPEN page.) If you have questions, [email](#) us today!