

ASPEN Strategic Plan Summary 2022-2025

ADVOCACY

Maximize ASPEN's impact on nutrition care and patient outcomes through external advocacy efforts.

CLINICAL PRACTICE

Provide high quality clinical practice content that is easily translated into practice to guide safe, effective, and inclusive care.

EDUCATION

Promote and disseminate education in clinical nutrition and metabolism to current and future healthcare professionals.

MEMBERSHIP

Intentionally attract and retain diverse professionals and grow ASPEN membership.

Promote careers in clinical nutrition and metabolism to attract clinicians and scientists.

RESEARCH

Increase clinical nutrition and metabolism research (e.g., mechanistic, translational, outcomes, health equities, and economics), the number of researchers, and funding.

VISION

ASPEN envisions a world in which every patient receives safe, effective, and high-quality nutrition care.

MISSION

To improve patient care by advancing the science and practice of clinical nutrition and metabolism.

VALUES

Quality – We hold high standards for clinical practice, research, and education.

Discovery – We support research to advance the field.

Integrity – We are honest and principled in all interactions.

Interprofessionalism – We work in collaboration with medical professionals from many disciplines to treat patients.

Diversity – We include professionals of all ages, backgrounds, cultures, gender identities, and races, etc.

Health Equity – We stand against racism and seek to eliminate health disparities in patient care.

STRATEGIC PLAN OUTCOMES

What will be different in 2025?

Impact on Patients

Nutrition therapy is an integral, safe component of care across all healthcare systems, resulting in improved patient care and patient-centered outcomes.

Impact on Professionals

Professionals pursue clinical nutrition and metabolism as a career option for clinical practice, research, and education.

Impact on ASPEN

ASPEN is the recognized authority in setting standards for clinical practice, research, and education in clinical nutrition and metabolism.